

Hip Tip: Share your progress with an update

Hi Reader,

You have been through a lot and hopefully are feeling much better than before your Total Hip Replacement. There are lots of hippies who are just starting this journey and it can mean a lot to them to hear how you're doing. Please share an update on your favorite social media platform or post a comment on one of my YouTube videos and let everyone know how you're doing.

And if you don't mind, let them know how my videos, or website, or the Your Hip Journey email system made a positive difference in *your hip journey*.

Can't wait to read your update.

Best wishes,
Pete

NOW I AM



UNSTOPPABLE

[Disclaimer](#)

I am not a healthcare professional, I speak from my personal experience with a hip replacement, from research and what I have learned interacting with thousands of individuals on social media and through my YouTube channel. This content is for informational purposes only and is not a substitute for professional medical advice, diagnosis, treatment, or care. Please seek information from a physician or other qualified healthcare provider before embarking on a new treatment, diet, or fitness program. Remember, you are in charge of your own health.

Pete's Hip Vlog



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