

Hip Tip: Safely resume sexual activity

Hi Reader,

My surgeon said "If you feel ready and comfortable, you may now safely resume sexual activity. Being the passive partner in the less dominant position is best at first."

I don't kiss and tell, so nothing to add. ;)

Have a safe healing journey,
Pete



Disclaimer

I am not a healthcare professional, I speak from my personal experience with a hip replacement, from research and what I have learned interacting with thousands of individuals on social media and through my YouTube channel. This content is for informational purposes only and is not a substitute for professional medical advice,

diagnosis, treatment, or care. Please seek information from a physician or other qualified healthcare provider before embarking on a new treatment, diet, or fitness program. Remember, you are in charge of your own health.

Pete's Hip Vlog



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