

Hip Tip: Consider your comfort before planning a trip

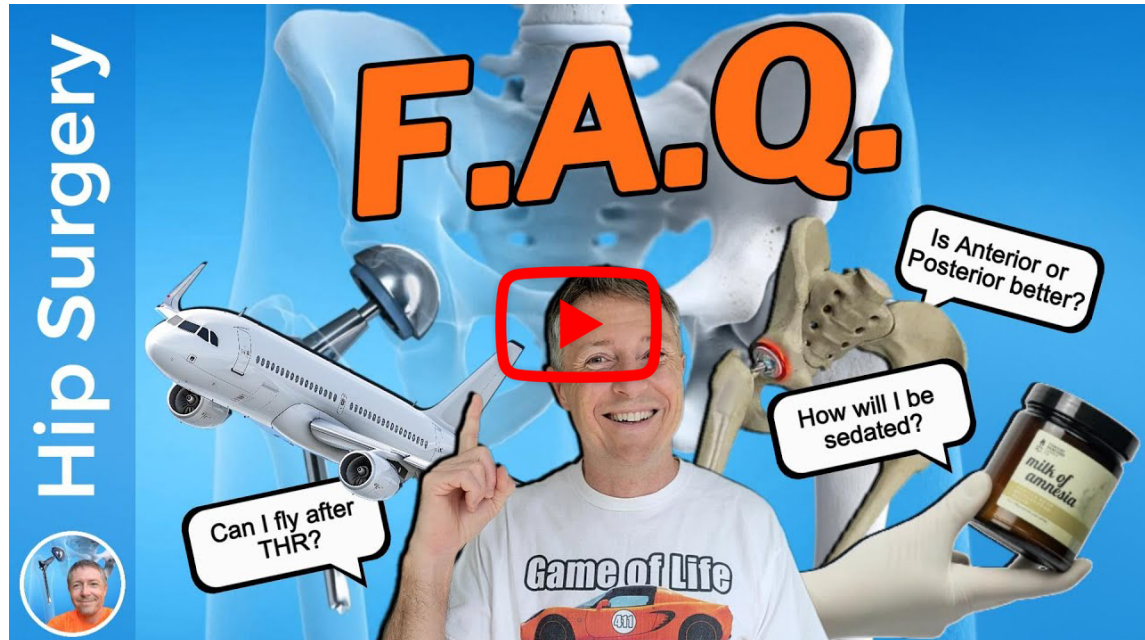
Hi Reader,

Have a trip coming up? Wondering when it's Ok to fly? Will your artificial hip be a problem at the airport?

For me, sitting for long periods was very uncomfortable for several months post-op, so bear that in mind when planning any flights or car trips. Other than that, just watch this video about my first experience flying and dealing with airport security after total hip replacement.

Safe Travels!

Pete



Disclaimer

I am not a healthcare professional, I speak from my personal experience with a hip replacement, from research and what I have learned interacting with thousands of individuals on social media and through my YouTube channel. This content is for informational purposes only and is not a substitute for professional medical advice,

diagnosis, treatment, or care. Please seek information from a physician or other qualified healthcare provider before embarking on a new treatment, diet, or fitness program. Remember, you are in charge of your own health.

Pete's Hip Vlog



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