

Hip Tip: Ask your doctor "How will I be sedated?"

Hi Reader,

You probably have lots and lots of questions about your upcoming surgery.

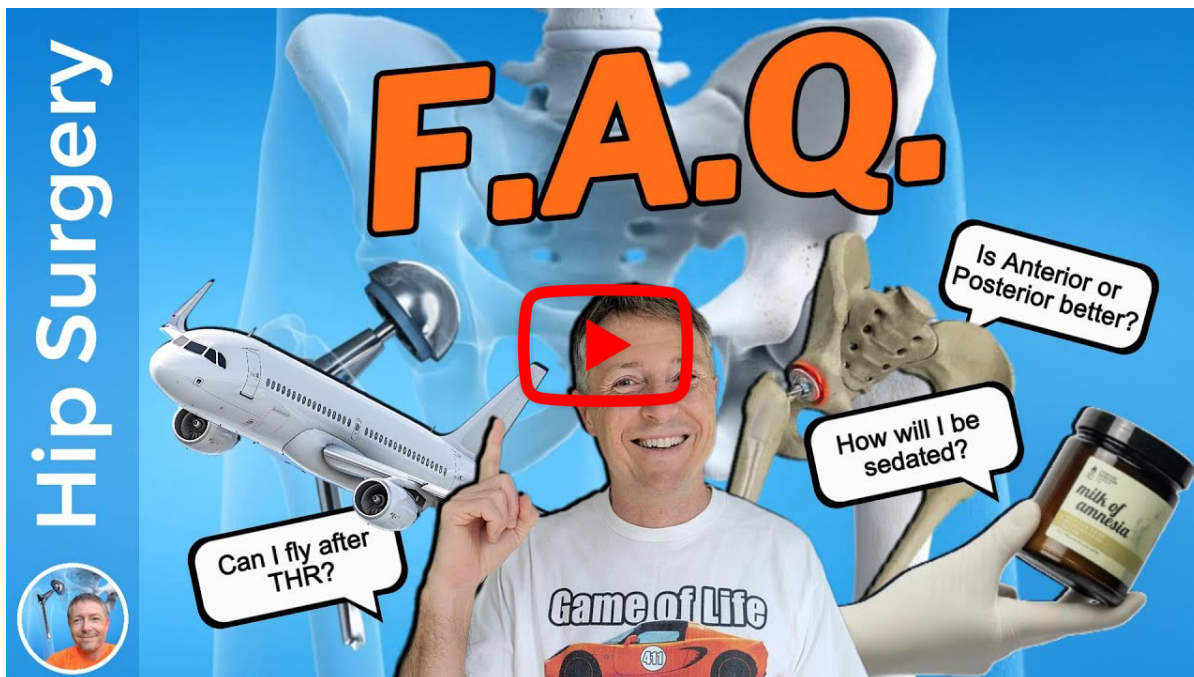
"Pete, You seem to be telepathic because every time I start dwelling on an issue, you address it! Either in your emails, vlogs or socials." - Kate

The FAQ video below will answer many of the most common questions, so I hope you will give it a watch. One of the many questions people start to wonder about is the type of anesthesia they'll receive during surgery. One of the most common in the United States is a spinal block with Propofol. For spinal anesthesia, a numbing medicine is injected safely into your lower back. The medicine makes you numb from the waist down so you won't feel pain there during the surgery.

My surgeon said "Spinal anesthesia is a safer alternative to general anesthesia and results in less blood loss, less nausea, less drowsiness, improved pain control, and reduced risk of heart attack or stroke. The sedating medicine (Propofol) will make you sleepy enough that you won't remember anything. If you have questions, please write them down and you'll have a chance to discuss them with the anesthesiologist on the day of your surgery."

If you would like to learn more, check out the videos below.

Have a great day,
Pete



Disclaimer

I am not a healthcare professional, I speak from my personal experience with a hip replacement, from research and what I have learned interacting with thousands of individuals on social media and through my YouTube channel. This content is for informational purposes only and is not a substitute for professional medical advice, diagnosis, treatment, or care. Please seek information from a physician or other qualified healthcare provider before embarking on a new treatment, diet, or fitness program. Remember, you are in charge of your own health.

Pete's Hip Vlog



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